



Metro Milers

PO Box 214

Edwardsville, IL 62025

April 26, 2009

Present: Doc, Phyllis Kunz, Randy Thoroman, Andy & Heather Payne,

Ryan & Melanie Suess, Rich Luers, Scott, Lindsay & Rory Shaw

Congratulations to all River to River Runners and the Go! St Louis Marathon/Half/Relay runners!!

New business:

- Totals for River to River Reimbursements are: \$68 for those who stayed one night, \$101 for those who stayed two nights. Give checks to Doc.
- Revisions to Membership Form:
 1. Club members receive discount at The Cyclery
 2. Members will receive a discount on entry fee to the 10K
 3. Opportunity for race reimbursement
- Sponsoring events to get our team name out

Bonifest: We'd like to have a strong team presence at the Bonifest 5K. We will help sponsor the race by having a Gatorade tent.

Mud Mtn: Gatorade tent in exchange for putting club membership forms and 10K flier in race packet. Scott and Lindsay Shaw will talk to George Patrylak and Randy Dunn about this.

Summer Track Event : Can't have event at the SIUE track due to Division I/NCAA rules. Too much \$\$\$\$\$.

10K:

Less than six months away!! *We need to add the Wednesday night training runs information to the registration flier.*

Race fees – early \$20, 2 weeks prior \$25, race day \$30

Packet pick up will hopefully be at The Cyclery (Scott will confirm this with Steve Parks) Friday 4-8pm and race morning at the course.



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Awards- 19 and under (this was decided due to the race being held during XC season and will most likely eliminate younger runners)

Mile Markers need to be re-visited. Perhaps arrow signs at every corner? Doc will make plywood arrows.

Confirmation of online registration will be required from Active.com. *This will need to be added to registration form.*

Need water stop volunteers!

Dummy tags will be used for bandit runners.

Lindsay will ask nurses to be at the finish line.

We want to keep the price of the race shirt (including the printing) to \$10 or less.

Next meeting: will be at the Payne home, May 17 at 6pm. We're hoping it will be a waffle-fest.

June 14 will be at Doc's. Doc will have an impressive buffet for dinner.